

# Recreational Skating – Summer 2023

Regular Schedule for July 2 – August 31, 2022  
at the Komoka Wellness Centre, 1 Tunks Lane, Komoka

Closed Saturday, July 1<sup>st</sup> & Monday, August 7<sup>th</sup>

## Public Skating

### Public Skating

For all to enjoy! Skate Aids, Pucks, hockey sticks or equipment on the ice surface is prohibited.

\$5.00 per person; \$4.00 for those 55+

- **Sundays, 2:00 to 2:50 pm**

### Adult Skate (18+)

For adults 18 years or older. Pucks, hockey sticks or equipment on the ice surface is prohibited.

\$5.00 per person; \$4.00 for those 55+

- **Tuesday, July 4 and Thursday, July 6, 10:00-10:50am**
- **Tuesdays and Thursdays, July 11 to August 31, 10:15-11:05am**

### Are you a frequent skater?

We offer a discounted rate if you purchase multiple skate "punch card" in advance.

**20 Senior Skates = \$72.00**

**20 Child or Adult Skates = \$90.00**

Valid for public skating only; not valid for shinny.  
Rates subject to change.

## Pick-Up Hockey (Shinny)

### Adult & Child Shinny

Drop-In. Provides an opportunity for parents to teach hockey skills to children 6 – 10 years. No slap shots, wrist shots or any aggressive forms of play. Children must be accompanied by an adult (18+). Max 40 participants.

\$6 per person

- **Sundays, 2:15-3:05pm**
- **Not Available Sunday Aug 27**

### Adult & Preschool Shinny

Provides an opportunity for parents to teach hockey skills to children 6 years old and under. No slap shots, wrist shots or any aggressive forms of play. Children must be accompanied by an adult (18+)

\$6 per person

- **Sundays, 1:00-1:50pm**

### 55+ Shinny

Drop-In. Self-organized, non-contact hockey for adults 55 years or older. Full equipment is recommended.

\$6 per person

- **Mondays, 7:45-9:05am**
- **Not available Monday, August 7**

**SKATES AND CSA-APPROVED HELMETS ARE REQUIRED FOR ALL PROGRAMS BY ALL PARTICIPANTS.**

**Youth under 12 must be always supervised by an adult 18 years+.**

**Adults do not need to be on the ice but must be close to the ice surface as their youth is skating.**

**See website for full public skating rules.**