# Put Fats, Oils and Grease (FOG) in the right place.

Fats, oils and grease (**FOG**) cause Middlesex's sewer system major grief when they're poured down the sink or into your toilet.

Sewers can become blocked when this **FOG** hardens – and you could end up either flooding your basement or even your neighbours.

**FOG** that makes it through the pipes to our wastewater treatment plant costs Middlesex Centre residents huge amounts of money every year.

## TAKE A CUP! FILL IT UP.



#1 Cause of Home Fires in Ontario is Cooking

Cooking Fires are Preventable

Always watch what you are coordinate of the coordinat

DON'T GET BURNEL

#### How to use this cup:

- Pour cooled kitchen fats, oils and grease (FOG) into this container.
- 2 Put the lid on and store in your fridge or freezer until full or ready for disposal.
- **3** Put full cups into garbage.

Common forms of household waste that should **NOT** go down the drain: gravy, salad dressing, bacon grease, cooking oil, soup, dairy products, any meat fat, butter and margarine.

## SINKS AND TOILETS ARE NOT GARBAGE CANS. PUT WASTE IN THE RIGHT PLACE.



Cups available at various municipal facilities throughout Middlesex Centre

Learn more at: middlesexcentre.on.ca/FOG



## **PROTECT OUR ENVIRONMENT** Sinks and Toilets are **NOT** Garbage Cans

#### How are Fats, Oil and Grease (FOG) Impacting our Sanitary Sewer and Septic Systems?

When fats, oil and grease from food are poured down the drain, they are often in a warm liquid. This may not seem harmful but, as the liquid cools, the grease becomes a hardened mass.

As grease build ups over time, this mass restricts the flow of sewage – both on your property and under the roadway.

In fact, pipes blocked by grease are an increasingly common cause of sewage back-ups and septic issues in homes as well as sewer overflows. Each year, a considerable amount of time and money is spent cleaning clogged pipes throughout the municipality as a result of grease in the sanitary sewer system.

### What Can I DO TO HELP?

- DO wipe out greasy pots, pans, and utensils with paper towel before putting them into the sink.
- DO place grease and food scraps into a green bin to be disposed of in the curbside organics collection program (if available).
- DO use a strainer in the sink to catch food scraps and other solids.
- ✓ DO place grease in a cup, jar or can and store it. Once the grease solidifies place it into the garbage, green bin or feed it to birds as suet feeders.
- DO inform friends and neighbours about the problem with fats, oil and grease in the sewer system.
- ✓ DO pour turkey and roast drippings into a container and dispose in garbage.

- **X DON'T pour grease** down the sink or into the toilet.
- X DON'T rinse grease down the sink. Once the grease and water cool, the grease deposits onto the sides of the sewer pipe, blocking the pipe over time.
- X DON'T use cloth towels or rags to wipe off plates or clean greasy dishware. When the towels are washed the grease will end up in the sewer.
- X DON'T pour turkey or roast drippings down your toilet.

#### Did you know?

- Everything put into your toilet goes to a wastewater treatment facility or into your septic system
- Drains, sewers and septics are designed for human wastes, toilet paper and wastewater only
- Flushing paper towels, personal wipes, diaper wipes and other garbage down the toilet can create sewer backups, overflows and issues with your septic system
- Special wastes depots will take many household chemicals and wastes



