



COVID-19 Arena Rules in Middlesex Centre

On December 11, 2020, the Province announced Middlesex-London will be moving to the red/control level in their COVID-19 response framework. This means we need to adjust the “arena rules” to ensure that everyone participating in fitness and recreational activities are doing their part to keep themselves, and each other, safe and healthy.

As a facility operator, the Municipality of Middlesex Centre must follow rules set out by the Province and the MLHU at our arenas in Komoka and Ilderton. We’ve worked closely with the MLHU and minor sports associations to establish facility guidelines that prioritize getting participants safely on the ice.

We know that some of these new rules can be frustrating and we appreciate your patience and understanding as we take the necessary steps to keep skaters, coaches and our staff safe in these challenging times.

Arena Rules

as of December 14, 2020, and subject to change

Access to Facilities

- Entry doors will be locked until 15 minutes before your scheduled ice time.
- Please use the entry door for your assigned ice sheet.
- Everyone entering the facility must be screened for COVID-19. If this is not being managed by your sports association, please use the Middlesex Centre screening QR code/forms provided.
- Change rooms are closed.

Number of Participants

- A maximum of ten (10) participants and two (2) officials (coaches/instructors) are permitted in the arena at any one time.

Type of Play/Skating

- No games or scrimmages are permitted; skills and drills only.
- All participants must keep 2m / 6ft physical distance; no contact permitted.

Parent Reps/COVID Screeners

- Groups are permitted to have up to three (3) off-ice officials (trainers, parent reps/chaperones or COVID screeners) for each ice rental session. These identified “team reps” will be responsible for managing their group and assisting with the enforcement of the Section 22 Order set out by the MLHU. Parent reps are also encouraged to assist with skate tying as needed.

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Spectators

- Under the Provincial regulations, and to keep our focus on getting participants safely on the ice, no additional spectators are allowed at this time.

Wearing Masks

Figure Skating

- Participants do not need to wear a mask while on the ice, but must wear a mask if sitting on the bench or walking to and from the ice.
- Coaches and instructors must wear masks at all times, both on and off the ice.

Hockey

- Participants do not need a mask while on the ice, but must put on a mask if they remove their helmet or are walking to and from the ice without their helmet.
- Coaches and instructors must wear masks at all times, both on and off the ice.

Booking Changes

- If you require changes to your ice-time bookings at the Ilderton or Komoka arenas, please contact our booking desk at 519-601-8022 or bookafacility@middlesexcentre.on.ca

Respecting Staff

It bears reminding that Middlesex Centre facility staff don't set the rules, but do have an important role to play in enforcing them.

If a staff member reminds you about the COVID-19 rules or general ice safety rules, they are doing their job. Please take their comments as a friendly reminder, and do your part by following the rules.

If you don't agree with the rules or have questions about them, please:

- Contact your sporting association (if applicable) to learn about their COVID-19 safety protocols
- Review the policies set by the Province ([covid-19.ontario.ca/zones-and-restrictions](https://www.ontario.ca/zones-and-restrictions)) and the MLHU (healthunit.com/novel-coronavirus)
- Contact Scott Mairs, Director of Community Services at mairs@middlesexcentre.on.ca.

Middlesex Centre has a zero-tolerance policy for abuse, violence, vandalism and inappropriate behaviour at recreational facilities, parks and programs. Abuse of staff may result in loss of ice time (middlesexcentre.on.ca/r-zone).

